

BREAKFAST

AVOCADO ON TOAST V, GF	20
Sourdough, smashed avocado, cherry tomatoes, feta	
WILD MUSHROOM ON TOAST V, GF	18
Sautéed wild mushrooms, crème fraîche, chives on toasted sourdough	
YOGURT PARFAIT V	16
Greek yogurt, blueberries, granola, wild honey	
CLASSIC BREAKFAST GFO	22
Two eggs served your way, double smoked belly bacon, sausage, toasted sourdough, fingerling potatoes	
EGGS BENEDICT GFO	23
Two poached eggs, farmer's ham, served on toasted English muffins, finished with hollandaise	
BUTTERMILK PANCAKES	18
Stack of three pancakes, maple syrup, butter, berries	

KID'S BREAKFAST

12 & UNDER

CLASSIC KID'S BREAKFAST	14
Scrambled egg, bacon, pan-fried potatoes, toasted sourdough + choice of juice	

GF gluten free O option V vegetarian V+ vegan

All menu items are sourced using *local & sustainable* ingredients where possible.

20% gratuity automatically applies to parties of 6 or more

GOOD MORNING, SUNSHINE

RHYTHM
& Howl



BAKERY

BUTTER CROISSANT	4
TOASTED BAGEL	6
Cream cheese	
MUFFIN	6
Blueberry or lemon cranberry	
TOASTED SOURDOUGH	6
With jams and spreads	

ADD ONS

ONE EGG	6
Served your way	
DOUBLE SMOKED BACON	8
MAPLE PORK SAUSAGE	8
ROASTED FINGERLING POTATOES	4

TO DRINK

DRIP COFFEE	4.5
SELECTION OF BAGGED TEA	6
English breakfast, Earl Grey, Green, Mint, Chamomile, Rosehip & hibiscus, Chai, Jasmine	
JUICE	4
Orange, apple, grapefruit or cranberry	
FRUIT SMOOTHIE	10
Pineapple & mango, strawberry & pineapple, or berry	